

## Bhanté, Richard Kyle sailing near Rochester NY

Bhanté was a robust 90-year-old who said he had never been sailing and would like to experience 'life on the water' in 1979.

My friend Camille was an holistic family physician in that area.

Richard Kyle, my roommate and medical student friend at the time, came with us.

Richard was about 6 feet four inches and about a head taller than Bhanté.

Below is a photo taken just before boarding the sailboat behind the three of us. Life vests on for safety. The day was ideal. A gentle breeze that allowed us to tack across Lake Erie. Enough wind to tossle both Richard and Camille's hair.



The photo is an example of Bhanté's interest in experiencing the full measure of human experiences. Richard was a decent sailboat captain. Richard grew up in the Portland Oregon area with lots of outdoor and water sport experience. He and I met when he was a student college student volunteering at NIH in Don Fry's lab in part to work on cutting edge research

and to help him get into medical school. When Bhanté moved in, Richard and I had been roommates for about a year. The apartment was in Greenbelt, Maryland near College Park and University of Maryland. The Oxon Hill Buddhist temple where Bhanté and I met is 20-30 minutes away.