

HH Tenzin Gyatso was gracious enough to grant us half an hour while he was in transit on his way to Switzerland, stopping at JFK airport. Indira Gandhi had been assassinated. There had been an unsuccessful attempt on his life. There had been a bomb threat at the Air India Terminal at JFK just before we arrived. People had evacuated the building. Sikh guards had cordoned off the building. We tried to explain that we had an appointment with HH. We were informed that no one may enter the building.



Behind the guards, a young Tibetan monk in Maroon robes identified us and cleared us through to the bomb-proof room where HH and entourage sheltered. He sent everyone out except the monk that stays with him at all times.

Half the time we spoke about spiritual science. He has been active as Patron of the Mind and Life Institute, a multi-decade convergence of monks and scientists. HH made the initial suggestion that the monks study science and the scientists meditate. Adam Engle was the initial organizer of the Mind and Life Institute. He passed that baton to Art Zajanc, a Physicist with an expertise in Rudolf Steiner / Goethean science.

Half the time we prayed. Both Elsa Hart and Rebecca felt a warmth in the 3rd eye region. Being with him for a moment is to receive the grace of his equanimity, joy in living and full presence in the moment.

He asked about Bhanté with reverence and humility for what Bhanté had done for Buddhism, for Tibet and for HH personally. The details of why HH felt so close to Bhanté is subject of several episodes to come.

Elsa stayed with a friend. Rebecca and I returned to Elsa's apartment in Turtle Bay area of Manhattan, at 52nd and 2nd Ave, near the United Nations. Elsa allowed me to pat rent on the apartment for some years as a thank you for her generous mentoring help in the

early days of the EAB lab. It served for a number of years as a pied à tier in Manhattan while the family lived an hour away in Hopewell. A lovely neighborhood. Kurt Vonnegutt, Jill Krementz and their daughter Lily and family were neighbor friends of Elsa. Katharine Hepburn's brownstone was across the inner courtyard.

The evening of our time with HH may have been the evening we conceived Anna. As we were leaving, HH mentioned that he would be willing to have his people do the family chart when a baby is born. Since at that time we had agreed to not have children. What did we know? Devine override. Details in another episode.